Top Ten Dos and Don'ts of Capitol Hill Meetings



## Requesting the Meeting

- Consider the timing
- Consider the purpose
- Consider a virtual meeting
- Request the meeting and follow-up
- Don't go around staff

# Planning the Meeting

- Do your research
- Pick people to speak ahead of time
- Bring the people who have the most impact
- Localize
- Bring the data

# Having the Meeting

- Don't show up early, just be on time
- Be nice
- Be flexible
- Listen
- Be concise

# After the Meeting

- Be valuable
- Fulfill promises, no matter how small
- ► Follow up, but not excessively

### Your Top Ten

### Do

- ► Have a purpose
- Know your audience
- ► Have a plan and be concise
- ► Make it local
- ► Follow-up

#### Don't

- Don't waste time
- Don't overstate
- Don't overcrowd
- Don't be rigid
- ▶ Don't overwhelm